

**NSW Heron Association**

**NSW YOUTH CHAMPIONSHIPS  
2019-2020**

**15– 16 February**

**Sailing Instructions**

**Organised & Hosted By**

Narrabeen Lakes Sailing Club

**On Behalf of**

NSW Heron Sailing Association

## **DECISION TO RACE**

Attention is drawn to Fundamental Rule 4 of the RRS, which states;

**“The responsibility for a boats decision to participate in a race or to continue racing is hers alone”**

### **1 RULES**

**1.1** The regatta will be governed by the rules as defined in the *Racing Rules of Sailing 2017-2020*

**1.2** Australian Sailing Special Regulations Part 2 Off the Beach Boats will apply.

**1.3** This Regatta permits the use of a Genoa subject to meeting the following conditions:  
Eligible to enter the Heavy Weight division (Crew weight exceeds 135kg)

OR

Crew weight exceeds 125kg and the boat is carrying at least the difference between the crew weight (carrying sailing gear) and 135kg as additional ballast (Lead Weight Correctors fixed under the front thwart).

AND

Crew intending to use the genoa must be weighed at the competitor briefing wearing shorts and T-shirt and carrying their sailing gear. “Sailing gear” is defined as; PFD, spray jacket, booties and gloves.

Crew may be reweighed at any time during the series.

Competitors using the genoa shall do so in all races.

### **2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official clubhouse notice board located at Narrabeen Lakes Sailing Club (NLSC).

### **3 CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions shall be posted not less than 2hrs before racing on the day it will take effect, except that any change to the schedule of races will be posted by 1800 hours on the day before it will take effect.

### **4 SIGNALS MADE ASHORE**

**4.1** Signals made ashore will be displayed on the mast of the committee vessel.

**4.2** When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 20 minutes’ in the race signal AP.

## 5 SCHEDULE OF RACES

5.1 Up to 10 races are scheduled

5.2 Dates and times of racing

Date	Event	Venue	Warning Signal	Start Time
Sat 24 February	Competitors Briefing	NLSC		13.00
	Racing	NLSC	13.55	14:00
Sun 25 February	Racing	NLSC	09.55	10.00

5.3 The scheduled time of the warning signal for the first race each day is as per the above table.

5.4 On the last day of the regatta no warning signal will be made after 16:00.

## 6 RACING AREAS

Attachment 2 shows the location of racing areas.

## 7 THE COURSES

7.1 The diagram in Attachment 1 shows the courses and the order in which marks are to be rounded.

7.2 The course number will be indicated by a number board to be displayed on the back of the Committee vessel when it is on station at the starting line.

## 8 CLASS FLAG

The class flags for Youth/Youth and Youth/Senior divisions will be Heron class flags as described at the competitor briefing.

## 9 MARKS

9.1 Marks 1, 2, 3 and 4 will be Yellow flag buoys

9.2 The start mark will be an Orange flag.

9.3 The finish mark will be Code "N" flag



## **10 THE START**

- 10.1** The order of the start shall be Youth/Youth boats followed immediately by Youth/Senior boats.
- 10.2** The starting line will be between the flag mast on the Committee Boat at the starboard end and a mark flying an Orange flag.
- 10.3** A boat starting later than 10 minutes after her starting signal may be scored Did Not Start. This changes rule A4.

## **11 CHANGE OF THE NEXT LEG OF THE COURSE**

To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position. If possible, an official boat will display a green or red flag to indicate if the mark has been moved to port or to starboard.

## **12 SHORTENED COURSE**

The course may be shortened by flying Code Flag S from the Committee boat or other craft designated by the Principal Race Officer. The finishing line shall be between a mark of the course and the staff displaying Code Flag S on the designated vessel. This changes RRS Rule 32.2

## **13 THE FINISH**

- 13.1** The finish line will be between a mark flying Code flag "N" and the committee boat. Finish lines differing from the above may be set at the discretion of the starter. In such circumstances, the competitors will be notified at the pre-race meeting.
- 13.2** Boats not completing the course must indicate that on the sign-on sheet. Writing DNF or DNS is sufficient. Failure to do this may cause the boat to score points for DNC This changes RRS A9.
- 13.3** Boats that sign-on but do not leave the shore should record DNC on the sign-on sheet as soon as possible after they reach the decision not to sail. This is to ensure a record that the boat is not on the water.

## **14 PENALTY SYSTEM**

Rules 44.1 and 44.2 will apply.

## **15 TIME LIMITS**

**15.1** Time limits are as follows:

<i>Class</i>	<i>Time limit</i>	<i>Mark 1-time limit</i>
<i>Heron</i>	<i>90 minutes</i>	<i>15 minutes</i>

If no boat has passed Mark 1 within the Mark 1 time limit the race may be abandoned.

**15.2** Boats finishing more than 15 minutes after the first boat finishes or after the time limit, whichever is the later, may be scored DNF This changes rules 35.

## **16 PROTESTS AND REQUESTS FOR REDRESS**

**16.1** Protest forms are available at the NLSC clubhouse race office.

Protests shall be delivered there within the protest time limit.

**16.2** The protest time limit is 60 minutes after the last boat has finished the final race of that particular sequence of races.

**16.3** Notices will be posted within 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

**16.4** Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

**16.5** Breaches of instructions 18 and 19.2 and will not be grounds for a protest by a boat. This changes rule 60.1(a).

## **17 SCORING**

**17.1** The Low Point scoring system of Appendix A will apply.

**17.2** 3 races are required to be completed to constitute a series.

- 17.3**
- (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
  - (b) When 5 or 6 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
  - (c) When 7 or more races have been completed a boat's series score will be the total of her race scores excluding her 2 worst scores.

## **18 SAFETY REGULATIONS**

- 18.1** *Sign On and Sign Off:* All boats must “sign on” before leaving the shore and “sign off” no later than the end of the protest time limit. Forms will be posted in the club house.
- 18.2** Any skipper not signed on at the warning signal may be scored DNC for the first race of the session. This changes rule 63.1
- 18.3** Any skipper not signed off by the end of the protest time limit may be scored DNF for the last race of the session. This changes rule 63.1
- 18.4** A boat that retires from a race shall notify the race committee as soon as practical.

## **19 REPLACEMENT OF CREW OR EQUIPMENT**

- 19.1** Substitution of crew will not be allowed unless approved by the race committee. Requests for substitution shall be made in writing to the committee at the first reasonable opportunity.
- 19.2** Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made in writing to the committee at the first reasonable opportunity.

## **20 EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

## **21 PRIZES**

Prizes will be given as follows:

- First place perpetual trophy Skipper and Crew
- Scratch Places 2<sup>nd</sup> and 3<sup>rd</sup> Skipper and Crew
- Handicap Places 1<sup>st</sup> to 3<sup>rd</sup> Skipper and Crew
- Other prizes may be given at the discretion of the Race and Management committee of the NSW Heron Association
- Winners of Overall scratch place prizes will not be eligible to win handicap prizes

**22       DISCLAIMER OF LIABILITY**

**22.1**     Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race.

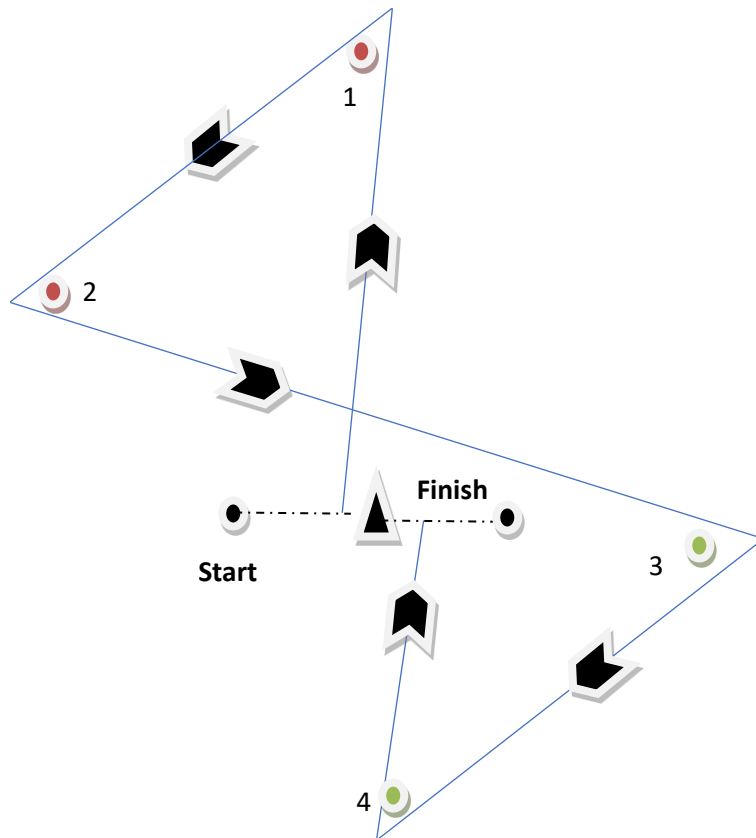
**22.2**     The Organising Authority and any other party involved in the organisation of the Championship will, to the extent permitted by law, accept no liability whatsoever for any injury, damage, loss or claim, whether personal or material, incurred by or inflicted to participants before, during or after the Championship.

**23       INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of AUS\$10,000,000 for the event. All owners / competitors who enter this event are deemed to have made a declaration that they hold such cover.

**ATTACHMENT 1**  
**Narrabeen Lakes Sailing Club**  
**Heron Division**

Course 1	Course 2	Course 3	Course 4	Course 5	Course 6
Start	Start	Start	Start	Start	Start
1, 2, 3, 4	1, 2, 3, 4	1, 2, 3, 4	1, 2, 3, 4	1, 2, 3, 4	1, 2, 3, 4
Finish	1, 4	1, 4	1, 4	1, 4	1, 4
	Finish	1, 2, 3, 4	1, 2, 3, 4	1, 2, 3, 4	1, 2, 3, 4
		Finish	1, 4	1, 4	1, 4
			Finish	1, 2, 3, 4	1, 2, 3, 4
				Finish	1, 4
					Finish



**Note:** 'Port' course shown – 'starboard' course will be a MIRROR image.  
 Lap: 1P, 2P, 3S, 4S  
 Hotdog: 1P, 4S



**ATTACHMENT 2**

**NLSC**

